



2021 NW Epic Series



2021 COVID Plan

This is the COVID plan for the 2021 Stottlemeyer Mountain Bike Race an outdoor riding event. Set to take place on Saturday May 8th, 2021.

- Event Layout:
 - Health Capacity for this event is 300 Riders.
 - Riders will start in waves of no more than 30 riders 10 minutes between waves.
 - Rider waves will be separated by 6ft minimum with flagging between lanes.
 - Distances will be set up to start as follows:
 - Epic Long start time will be based on previous year's numbers no more than 30 riders to start each wave.
 - Epic Short – start time will be based on previous year's numbers no more than 30 riders to start each wave.
 - FSA – start time will be based on previous year's numbers no more than 30 riders to start each wave.
- Volunteers / Staff:
 - Volunteers and Staff will be given instruction to not attend if they exhibit or have been in contact with anyone that has COVID symptoms or has been diagnosed with COVID.
 - Volunteers and Staff will have their temperature taken and health monitoring questions asked morning of the race, if anyone displays a temperature they will be instructed to go home.
 - Volunteers and Staff will be supplied with masks and gloves.
 - Will have one (1) staff member that will monitor all COVID safety requirements set forth by the governor.
- Event Check in:
 - Event check in and start times will be Friday afternoon/night prior to the race and Saturday morning of the race.
 - Check in lines will be 6 feet apart – 6-foot tables will be used as a guidance.
 - There will be no day of registrations.



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- Awards:
 - All riders will be instructed to keep a 6 ft distance and wear masks while in the awards area. Riders will be instructed to not attend other distance awards presentations.
 - FSA Awards – 1:30PM
 - Epic Short Awards – 2:00PM
 - Epic Long Awards – 2:30PM
- Food and Beverage:
 - Finish line will have bottles of water for when runners finish.
 - Post-race Food will have only single serve items.
- Food and Beverage Volunteers:
 - All volunteers will be supplied with a face mask and gloves.
 - Volunteers will be supplied with Clorox wipes and will be instructed to wipe down all surfaces every hour.
- Aid Stations:
 - Volunteers will be provided: gloves and masks.
 - There will be no more than 5 riders at an aid station at a time. Riders will be instructed along with volunteers through emails and website.
 - Each aid station will have Clorox wipes, garbage cans and hand sanitizer for rider and volunteer usage. Volunteers will be instructed to wipe down all surfaces every hour.
 - Riders must be 100% self-supported – Volunteers will lay out rider drop bags by number and direct riders to their numbers. Riders will then put drop bags in bins provided for transport back to the start where they will pick up all drop bags.
 - Volunteers will always maintain aid stations and wear masks and gloves.
- Riders
 - All participants will be required to wear a mask before and after the event. All participants will be required to wear a mask at the start line.
 - Due to safety reasons, participants will be allowed to remove masks after they start riding. Participants will be required to put their masks back on after they have completed their race and when at aid stations.
 - Email updates with COVID safety measures will be sent multiple times prior to the event.
 - Participants will be required to stay home if they exhibit any signs of COVID or if they have been in contact with anyone that has exhibited signs or been diagnosed with COVID.



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- Participants will be instructed to take their temperature the morning of the event prior to coming to the event.
- IF any participants refuse to wear a face mask when not racing, they will be escorted out of the event area and not allowed to race.
- Contact tracing – all registration requires full contact information from each participant. Timing will place participants in specific areas around specific runners.
- Riders will be instructed not to congregate around the finish area and will leave the event once finished.
- Signage:
 - Health and hygiene reminders will be posted on all Events staffing tents and at the entrance of the event. All Vendors will be required to post health and hygiene reminders as well.

Schedule

- Friday 5/7/2021
 - Packet pick up – 5pm-7pm
- Saturday 5/8/2021 Race Day Schedule:
 - **Bag Drop:**
 - 60 Mile Riders: leave at 9:00AM for aid stations.
 - 30 Mile Riders: leave at 9:30AM for aid stations.
 - FSA Riders: No bag drop
 - **60 Mile Riders – Male**
 - **Bib Pick up: 7:00AM-9:00AM**
 - Start Time Male: 9:30AM
 - Start Time Female: 9:40AM
 - **30 Mile Riders – Men’s Open and SS –**
 - **Bib Pick up: 9:00AM – 9:45AM**
 - Start Time Male OPEN: 9:50AM
 - Start Time Male 40-49: 10:00AM
 - Start Time Male 50+: 10:10AM
 - Start Time Male SS and JR: 10:20AM
 - Start Time Female 40-49: 10:30AM
 - Start Time Female OPEN, 50+ & JR: 10:40AM



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- **FSA 17 Mile Riders – All**
 - **Bib Pick up: 10:00AM-10:45AM**
 - **Start Time: 11:15AM**

Cutoff 30 Mile: 2:30pm for 2nd loop

Cutoff 60 Mile: 4:30pm for 4th loop

Course closes at 7pm